



APPLICATION OF A POTENTIAL SUPERVISOR in the recruitment process of doctoral students and participants and/or TUTOR/SCIENTIFIC TUTOR of the extramural/external mode ("mode E") at SWPS University

<b>Name and surname</b> of the supervisor	<b>Ewelina Smoktunowicz</b>
<b>Name of the research center/research group/artistic group</b> to which the supervisor belongs	<b>StresLab: Stress Research Centre</b>
<b>List</b> of the most important scientific publications, completed and ongoing research grants; link to ORCID and/or to the ResearchGate/Academia.edu profile (or other website presenting scientific/artistic achievements)	<b>Publications:</b> <a href="https://orcid.org/0000-0002-1748-3876">https://orcid.org/0000-0002-1748-3876</a>  <b>Research grants:</b>  <i>"SMILE: Supporting Mental Health in Young People: Integrated Methodology for cLinical dEcisions and evidence-based interventions"</i> awarded by European Union (Horizon Europe); 05/2023 – 10/2026; 338 837, 50 € (Polish budget); <b>Partner in consortium &amp; Principal Investigator for Polish partner</b>  <i>"Multidimensional structure of work-family and family-work conflict: does it matter? Consequences for stress, and job and family satisfaction."</i> awarded by the National Science Centre in Poland (SONATA); 10/2021 – 09/2026; 420,216 PLN; <b>Principal Investigator</b>  <i>"Med-Stress: Internet Intervention Preventing Job Stress Among Medical Professionals."</i> awarded by the National Centre for Research and Development in Poland; 01/2017 – 12/2019; 564, 146 PLN; <b>Principal Investigator</b>  <i>"Beyond Work: expanding Job Demands-Resources model by introducing own and life partner's non-work related resources."</i> awarded by the National Science Centre in Poland, Doctoral grant (PRELUDIUM); 07/2013 – 07/2016; 94,213 PLN; <b>Principal Investigator</b>
<b>Discipline</b> for a future doctoral dissertation (possible: sociology, political and administrative sciences, culture and religion sciences, literary studies, psychology, fine arts and art conservation)	Psychology
<b>A brief description</b> of the research directions pursued by the supervisor (a few sentences describing the scientific/artistic specialization; main research problems; scientific interests) and a possible link to the website/research team	My research centers on designing and evaluating the effectiveness of internet-based interventions (i.e., technology-assisted psychological programs) in the areas of occupational health, resilience, and the work-family interface. I am particularly interested in exploring strategies to expand the reach and applicability of these interventions. To achieve this,

	I experiment with various delivery methods (e.g., social media platforms, communication apps) and focus on enhancing key psychological variables, such as self-efficacy.	
<b>Thematic areas</b> of planned doctoral dissertations	Internet interventions in the field of occupational health/ work-family/well-being/stress (with a particular focus on specific groups such as young adults, seniors, and minorities.).	
<b>Number of people</b> that the supervisor/scientific supervisor would be able to accept as a result of recruitment in the academic year 2025/2026:	<b>to the Doctoral School</b> (doctoral scholarship financed by SWPS University)	Number:1
	<b>for national and international research projects or grants</b> (doctoral scholarship financed from grant funds)	Number: Project name:
	<b>to the Industrial Doctorate program</b> (doctoral scholarship financed by the Ministry of Science and Higher Education)	Number:
	<b>for external mode</b> (no doctoral scholarship)	Number:1
<b>Number</b> of currently conducted doctorates:	in Doctoral School	Number:1 (co-supervisor)
	in external mode	Number:
<b>The number of doctoral students promoted so far</b> , along with the year of completing their doctoral degrees:	0	
<b>RECRUITMENT</b> Candidates should contact their selected potential supervisors who are members of centers and/or research teams		
<b>Conditions</b> to be met by the candidate in the field of: scientific interests; scientific competences; achievements to date; knowledge of foreign languages; social competences; availability, etc.	<p><b>Scientific Interests</b> Technology-assisted solutions in the field of occupational health psychology, with a particular focus on the work/family interface, stress, and job- and family-related well-being.</p> <p><b>Scientific Competencies</b></p> <ul style="list-style-type: none"> <li>• Proven scientific achievements, including publications, conference presentations, and posters.</li> <li>• Strong analytical thinking skills.</li> <li>• Advanced knowledge of statistical methods, with a willingness to learn and apply more advanced techniques.</li> <li>• Proficient writing skills, particularly the ability to clearly express ideas and report findings in English, along with a readiness to further enhance these skills.</li> </ul> <p><b>Languages</b> Fluent in English, both spoken and written.</p>	

	<p><b>Social Competencies</b></p> <ul style="list-style-type: none"> <li>• Effective team collaboration.</li> <li>• Perseverance in achieving goals.</li> <li>• Strong sense of accountability.</li> </ul> <p><b>Availability</b> Available approximately 7–8 hours per day, Monday through Friday.</p>
<p><b>Preferences</b> regarding contact with the candidate during recruitment</p>	<p>x E-mail contact: please provide e-mail address: <i>esmoktunowicz@swps.edu.pl</i></p> <p><input type="checkbox"/> Telephone contact: <i>please provide phone number: _____</i></p> <p>x Personal meetings )by prior arrangement by e-mail/telephone.)</p> <p><input type="checkbox"/> All forms of contact</p>
<p><b>Preferred dates, times and location</b> (in the period March-June 2025) in order to conduct an interview with the candidate</p>	<p>-</p>
<p><b>Information</b> about possible absence preventing candidates from contacting a potential supervisor (with dates)</p>	<p>-</p>