

4th International Conference on Parental Burnout

May 15-17, 2027

SWPS University in Kraków, Poland

Submission Guidelines

The conference welcomes submissions for:

- individual oral presentations,
- poster presentations,
- symposia.

Submissions should be made in English through the online submission system. Each submission should include the title, authors' names and affiliations, the presenting author's contact details, and an abstract. **The total word count, including the title, authors' names, and affiliations, must not exceed 200 words.**

The presenting **author's contact details are not included in the word limit.**

Authors should indicate their preferred presentation format: oral presentation or poster. The Scientific Committee reserves the right to propose a different presentation format depending on the number and quality of submissions.

All submissions will be reviewed by members of the Scientific Committee. Notification of acceptance will be sent by February 15, 2027.

Symposium Proposals

A symposium should consist of three or four thematically related presentations and should be coordinated by a symposium chair. Symposium proposals should include:

- the symposium title;
- the name and affiliation of the symposium chair;
- a general symposium abstract, with a maximum total length of 200 words, including the symposium title and the chair's name and affiliation;
- the title, authors, affiliations, and abstract for each individual presentation, with a maximum total length of 200 words per presentation.

Each symposium will last 90 minutes. Approximately 15 minutes will be allocated to each presentation, followed by a joint discussion.

Additional Submission Rules

- One person may serve as the presenting author for more than one presentation.
- An author may submit an individual presentation and also contribute a presentation to a symposium.
- The 200-word limit includes the title, authors' names, and affiliations.
- References **should not** be included in abstracts.

Presenting Guidelines

Poster Presentations

Posters should be prepared in A1 format (594 mm × 841 mm) in portrait orientation. Authors are encouraged to structure their posters following the IMRaD format (Introduction, Method, Results, and Discussion) and to use APA 7th edition for citations and references where applicable.

Posters should be mounted on the assigned boards before the start of the poster session. Authors are expected to be present at their posters during the session to discuss their work with participants.

Symposia and Paper Sessions

Each symposium or thematic session will last 90 minutes and will typically include three or four presentations.

Each presenter will have approximately 15 minutes to present their work. A joint discussion period of approximately 30 minutes will follow the presentations.

Presenters should prepare their slides in PowerPoint or PDF format and bring their presentation on a USB drive or another portable storage device. Presentations should be uploaded to the computer in the assigned room before the session begins to ensure smooth transitions between speakers.

Workshop

The conference program will include a practice-oriented workshop on therapeutic interventions for parental burnout. The workshop will focus on practical approaches used in working with parents experiencing burnout and will complement the scientific program of the conference.

The workshop will be conducted in Polish and is intended primarily for Polish-speaking practitioners.

Conference Topics

- Parental burnout: conceptualization, measurement, and theoretical models
- Biological correlates of parental burnout
- Risk and protective factors associated with parental burnout
- Consequences of parental burnout for parents, children, and family functioning
- Parental burnout in cultural and cross-cultural contexts
- Parenting stress, parental well-being, and family dynamics
- Parenthood regret and related phenomena
- Prevention, intervention, and clinical approaches to parental burnout