



**Offer of classes in 2026/2027
Psychology, Wrocław**

1 semester

Introduction to Psychology: History and Contemporary Issues	6 ECTS
Introduction to Social Psychology	6 ECTS
Academic Skills	3 ECTS

2 semester

Social Psychology	6 ECTS
Psychology of Emotion and Motivation	6 ECTS
Developmental Psychology	6 ECTS
Critical Analysis of Psychological Articles**	3 ECTS
Basic Group Work Skills	3 ECTS
Social Sciences and Humanities Lecture**	3 ECTS

3 semester

Personality Psychology	6 ECTS
Cognitive Psychology	6 ECTS
Methodology and Statistics: Introduction	6 ECTS
Applications of Psychology	3 ECTS
Psychological Essay: Individual Project**	4 ECTS

4 semester

Psychopathology	6 ECTS
Psychology of Individual Differences	6 ECTS
Introduction to Psychometrics	6 ECTS
Psychological Interview: Individual Project**	6 ECTS
Humanistic/Psychological Elective Course 1**	3 ECTS

5 semester

Clinical and Health Psychology	6 ECTS
Work and Organisational Psychology	4 ECTS
Educational Psychology	4 ECTS
Personal Skills**	4 ECTS
Group Research Project**	6 ECTS
Elective 1**	3 ECTS
Elective 2**	3 ECTS

6 semester

Ethical Dilemmas in Psychology	5 ECTS
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Humanistic perspective on mankind**	4 ECTS
Cross-Cultural Psychology	4 ECTS
Applications of Psychology: Group Project**	5 ECTS
Humanistic/Psychological Elective Course 2**	3 ECTS
Elective 3**	3 ECTS
Elective 4**	3 ECTS
Elective 5**	3 ECTS

**Elective courses - detailed topics TBA





**Offer of classes in 2026/2027
Psychology, Wrocław**

1 semester

Introduction to Psychology: History and Contemporary Issues

6 ECTS

This course provides students with a deep understanding of the historical and cultural background of the main schools and sub-disciplines in psychology, elucidating their contributions to contemporary psychology. Students gain awareness of controversial studies and unethical research trends, comprehending their detrimental impact. The curriculum covers concepts and doctrines related to the philosophical foundations of psychology, exploring the relationship between mental and physical phenomena. Students acquire knowledge about the fundamental areas of both scientific and applied psychology. The course enables students to identify empirically verified trends in psychology, differentiating them from unethical or unscientific ones. Students can describe the origins and development of specific psychology areas like cognitive psychology, evolutionary psychology, and positive psychology. Importantly, students develop the capability to acquire knowledge about emerging research trends and directions in contemporary psychology.

Introduction to Social Psychology

6 ECTS

This basic social psychology course equips students with essential theories and insights into human behavior in diverse environments. Covering key concepts like attitudes, self-awareness, and interpersonal communication, students gain proficiency in classical and contemporary achievements in social psychology, including both global and Polish contributions. The course emphasizes effective communication skills, preparing students to meet formal criteria in social psychology presentations.

Academic Skills

3 ECTS

This course equips students with comprehensive knowledge about organizations, including the university's structure. Students learn to distinguish between types of scientific texts—theoretical, empirical, and popularizing—and understand the significance of continuous learning. Practical skills involve utilizing common information technologies, effectively navigating online sources, and applying referencing standards, particularly in APA style. The curriculum covers university dynamics, communication protocols, and document circulation. Emphasis is placed on academic etiquette and e-learning tools. Editorial standards, plagiarism awareness, and the ethical use of intellectual property are integral components. Students are adept at navigating library resources, databases, and research platforms. Overall, the course prepares students for scholarly engagement, effective information retrieval, and responsible use of digital resources within and beyond the university context.

2 semester

Social Psychology

6 ECTS

This advanced social psychology course encompasses diverse topics, starting with Evolutionary Theories and progressing through Conditioning and Learning, Culture and Family dynamics, Conformity, Obedience, Cooperation, and Theory of Mind. It explores the Social Psychology of Emotions, Social Cognition, Morality, and interpersonal dynamics like Attraction, Love, and Friendships. Students also delve into the pursuit of happiness from a social psychological perspective. The course delves into the application of social psychology in clinical and legal contexts, emphasizing its role in fostering a



sustainable future. Finally, it addresses the Negative Perception of Others and its Diminishing, underlining the societal impact of social psychology.

Psychology of Emotion and Motivation

6 ECTS

This course provides students with a thorough exploration of classic and contemporary concepts, alongside key research trends. Students gain advanced knowledge on the components of emotions, mechanisms of emotion arousal, and diverse types of motivation, understanding the intricate relationships between emotions, cognition, behavior, and motivation. The course emphasizes the biological and cultural influences on human emotions and motivations. Students learn to apply this advanced knowledge to analyze daily life situations, use it for scientific research planning, and distinguish empirical evidence from common knowledge. The curriculum covers fundamental concepts like different affective states, theories such as James-Lange and Cannon-Bard, biological, social, and cognitive factors in emotions, and the complexity of emotional states. Additionally, it explores motivations in major theoretical systems, goal theories, and the interplay of motivations with individual differences, including willpower and self-regulation.

Developmental Psychology

6 ECTS

This course provides students with an understanding of human development throughout the life cycle, incorporating explanatory theories and research specifics. Students comprehend the impact of biological and environmental factors, as well as their interaction, on the developmental process. The course covers various aspects of development, including motor, cognitive, and social dimensions. Using advanced knowledge in developmental psychology, students describe and explain human behavior at different stages, employing the associated terminology adeptly. The course delves into mechanisms of development, exploring topics such as the study of human development, biopsychosocial frameworks, biological foundations, early motor and cognitive development, social development in infancy and early childhood, language development, challenges of adolescence, adulthood, and development in late adulthood.

Critical Analysis of Psychological Articles**

3 ECTS

This course provides advanced knowledge in psychology as a scientific discipline. Students learn to discern the quality of empirical evidence, differentiate between scientific and popular science texts, and distinguish psychologically grounded knowledge from common knowledge. The curriculum emphasizes effective learning processes, including finding reliable information, assessing source credibility, and analyzing theses and premises in texts. Skills include formulating logical conclusions, applying APA standards, and presenting well-reasoned arguments. The elective component offers a choice between Clinical and Business topics. The course covers critical analysis of psychological articles, the importance of scientific knowledge, and methods for finding reliable information, with practical exercises enhancing critical thinking skills.

Basic Group Work Skills

3 ECTS

This course provides students with practical insights into group dynamics across various contexts. Topics include defining groups, understanding dynamic processes, norms, social roles, and interpersonal relations. The curriculum explores theories of group development through case studies, spanning business and other sectors. Students learn systemic thinking in organizational contexts and delve into team aspects, decision-making processes, and effective teamwork strategies. Additionally, the course covers team roles, leadership styles, facilitation models, and addressing difficult situations in group work. The final topics focus on change dynamics, attitudes, and various change management



approaches. Overall, students gain the skills to plan and organize teamwork, collaborate effectively, and navigate group dynamics in real-world scenarios.

Social Sciences and Humanities Lecture**

3 ECTS

This selectable course allows students to explore humanistic paradigms of knowledge about human beings. Example topics include "Cultural and Political Discontents of Modernity" and "Philosophy and the Question of Good Life." While the specific content and syllabus may vary across courses, all options aim to deepen students' knowledge and understanding of selected humanistic paradigms in their exploration of diverse topics within the overarching theme.

3 semester

Personality Psychology

6 ECTS

In this course, students explore classic and contemporary personality theories, gaining a deep understanding of theoretical concepts in personality psychology and their application to explaining human behavior. The curriculum covers a brief history of personality psychology, placing it within scientific, social, and individual contexts. Topics include psychoanalytic, neo-analytic, biological, behaviorist, cognitive, and social-cognitive aspects, as well as trait psychology, types and motives, humanistic and existential perspectives, and interactionist aspects. The course emphasizes connecting theoretical knowledge with research approaches and practical implications, enabling students to describe and explain human behavior using advanced personality psychology concepts.

Cognitive Psychology

6 ECTS

This course provides a comprehensive exploration of cognitive processes. Students gain familiarity with key concepts, current theories, and advanced knowledge of research methods in the field. The curriculum covers the history of cognitive psychology, research methodologies, perception, attention, memory, imagination, representation and organization of knowledge, numerical cognition, implicit cognition, thinking, problem-solving, decision making, reasoning, and applied cognitive psychology. Emphasis is placed on recognizing connections between cognitive processes and understanding their significance in various daily situations.

Methodology and Statistics: Introduction

6 ECTS

In this course, students acquire comprehensive knowledge of key concepts in experimental and correlational research methodology. The curriculum covers the essentials of research design, population sampling, experiments, and alternative research approaches. The course delves into descriptive statistics, data visualization, normal distribution, inferential statistics, hypothesis testing, correlation coefficients, t-tests, and linear regression. Emphasis is placed on understanding statistical significance, power analysis, and ethical considerations in psychological research. Additionally, students develop proficiency in using statistical software packages and gain insights into the importance of open science in psychology.

Applications of Psychology

3 ECTS

This e-learning course offers a comprehensive understanding of the diverse applications of psychology and the specific challenges faced by psychologists in various specialties. Students explore potential career paths, development trajectories, and effective time management. The curriculum covers applied



psychology in areas such as clinical, counseling, industrial, organizational, child and adolescent, sports, and forensic psychology. Students learn to identify situations where psychological knowledge is crucial and recognize opportunities for professional development, building expertise in specific domains.

Psychological Essay: Individual Project**

4 ECTS

This course focuses on honing the student's skills in writing scientific essays within psychology. Emphasizing clarity and adherence to academic writing standards, students learn to effectively communicate information. Topics covered include selecting essay topics, understanding and implementing APA style guidelines, and critically evaluating academic sources. The final project involves crafting a 3-4 page electronic essay, applying the acquired skills. The course includes individual consultations for feedback on students' drafts.

4 semester

Psychopathology

6 ECTS

This course provides students with a comprehensive understanding of general and specific mental disorders, including their origins, development, and prevalence. Students acquire advanced knowledge of contemporary health models to enhance the quality of life for those with mental health issues. The curriculum explores prevention, diagnosis, and psychological assistance, addressing achievements and controversies in the field. Students learn to apply theoretical knowledge to recognize psychological difficulties, assess threats to mental health, and recommend appropriate forms of help. The course covers various disorders, including anxiety, obsessive-compulsive-related, mood, schizophrenia spectrum, personality, stress-related, neurocognitive, substance-related, eating, and sleep-wake disorders.

Psychology of Individual Differences

6 ECTS

This course provides students with comprehensive knowledge of fundamental concepts, classic and contemporary theories in areas such as intelligence, temperament, personality, cognitive styles, and creativity. The curriculum explores the connections between individual differences and other psychology sub-disciplines, emphasizing advanced measurement methods and their limitations. Students learn to observe, interpret, and evaluate human behavior, applying insights into abilities, temperament traits, and styles. Additionally, students become adept at choosing appropriate methods for diagnosing individual differences. Topics include the individual differences paradigm, temperament, personality traits, intelligence, emotional intelligence, epistemic motivation, cognitive styles, rationality, decision making, creativity, and leadership and vocational interests. Graduates gain skills to analyze behavior through the lens of individual differences, contributing to a nuanced understanding of diverse psychological traits.

Introduction to Psychometrics

6 ECTS

This course provides knowledge in the construction, assessment, and application of psychometric diagnostic tools. Students gain proficiency in understanding psychometric concepts and ethical principles in testing. The curriculum covers the criteria for quality in psychometric tests, the framework for psychometric inference, construction strategies, reliability assessment methods, validity types and assessment, item analysis principles, and the use of JAMOVI software for analysis. Students learn about normalization procedures, factors affecting test results, and biases in psychological measurement. The course includes practical exercises using JAMOVI for discrimination coefficients, reliability, validity analysis, and interpreting results. The diagnostic process, ethical considerations, and the presentation



of specific personality and stress measurement questionnaires are explored. Graduates emerge with skills to construct, assess, and interpret psychometric tests ethically and effectively.

Psychological Interview: Individual Project**

6 ECTS

This selectable workshop provides knowledge in communication and interview techniques. Students learn to set goals, plan, and conduct interviews while adhering to ethical standards. The course covers organizational aspects, ethical considerations in intercultural contexts, building rapport, interviewing techniques, and active listening. Students plan interviews for specific topics like "How do we choose relationship partners" or "The experience of living in Poland as a foreigner." The course emphasizes individual project planning and concludes with reflections on challenges, insights, and feedback delivery basics. Graduates develop proficiency in conducting effective and culturally sensitive interviews on their chosen topics.

Humanistic/Psychological Elective Course 1**

3 ECTS

This elective course falls under the category where students can choose from options provided by the faculty. The specific content and syllabus may vary across courses. Sample topics for this elective include "Gender Issues in Psychology" and "Psychology and Arts." Throughout the course, students acquire and use terminology specific to the chosen sub-discipline within the broader social or human sciences field. The detailed topics for each elective will be communicated in the future before the selection.

5 semester

Clinical and Health Psychology

6 ECTS

This course provides students with a nuanced understanding of clinical and health psychology, differentiating between the two fields and related areas. Advanced knowledge is imparted on theories of mental and somatic health, along with insights into diverse applications in clinical and health psychology. Students gain the ability to identify situations requiring psychological assistance and aptly recommend suitable interventions from varied theoretical perspectives. Emphasizing collaborative teamwork, students distinguish psychologist competencies from those of other specialists, demonstrating sensitivity to ethical considerations inherent in clinical and health psychology practices.

Work and Organisational Psychology

4 ECTS

This course provides students with advanced knowledge in the intersection of psychology, organizational management, and business applications. Students gain insights into the role of psychology in organizational management, understanding psychosocial working conditions and their impact on individuals and the organization. Topics include individual and group determinants of behavior, communication in organizations, and strategies for managing change. Students learn to recognize and address negative phenomena within organizations, proposing preventive and intervention measures. The course emphasizes planning communication actions based on psychological knowledge, designing interventions in work, organization, and marketing, and fostering continuous skills improvement and knowledge expansion.

Educational Psychology

4 ECTS



This course equips students with advanced knowledge in educational psychology, covering diverse research areas and approaches. Students gain a sophisticated understanding of educational and developmental challenges within the learning process, becoming proficient in identifying common difficulties. Moreover, students develop practical skills by learning to design workshops targeting specific educational goals. Emphasizing the importance of continuous skill enhancement and knowledge expansion, the course instills in students a commitment to ongoing professional development in the field of educational psychology.

Personal Skills**

4 ECTS

This course empowers students to comprehend and apply concepts related to personal development. Students gain the ability to articulate and elucidate the functioning mechanisms of various self-development support methods. Furthermore, the course cultivates students' autonomy in planning and organizing efforts towards achieving their individual development goals.

Group Research Project**

6 ECTS

This course equips students with knowledge and skills in psychological research methodology and statistical applications. Students gain expertise in formulating research problems, developing hypotheses, and selecting appropriate methods for empirical studies. They actively engage in teamwork, covering various stages of research implementation, from defining problems to presenting results. The course emphasizes ethical standards, critical reflection on goals and achievements, and effective communication of research outcomes. Specific topics include formulating research problems, statistical analysis, and presenting results through visualization and lab reports. Students learn to critically evaluate research outcomes and participate in discussions related to their conducted empirical research.

Elective 1**

3 ECTS

This elective course provides students with the flexibility to select a subject from a faculty-prepared list. The overarching goal is to introduce, communicate, and deepen knowledge or skills in psychology, utilizing accepted scientific methods. Moreover, the course may feature original research approaches or practical implementations. Detailed topics proposed by the faculty will be disclosed in the future, but before the selection process.

Elective 2**

3 ECTS

This elective course provides students with the flexibility to select a subject from a faculty-prepared list. The overarching goal is to introduce, communicate, and deepen knowledge or skills in psychology, utilizing accepted scientific methods. Moreover, the course may feature original research approaches or practical implementations. Detailed topics proposed by the faculty will be disclosed in the future, but before the selection process.

6 semester

Ethical Dilemmas in Psychology

5 ECTS

This course delves into the ethical dimensions of psychology, providing students with a comprehensive understanding of ethics as a philosophical discipline. Students explore ethical dilemmas in research and learn to identify risks in applying psychological knowledge in diverse contexts. The course fosters critical



analysis of ethical aspects in research procedures, equipping students to articulate and scrutinize arguments in debates on ethical predicaments. Emphasizing sensitivity to core values, students are prepared to counteract deviations and actively contribute to actions promoting the common good in psychological practice.

Humanistic perspective on mankind**

4 ECTS

In this course, students delve into selected humanistic paradigms offering insights into the understanding of human beings. The course encourages interdisciplinary collaboration by fostering the recognition of the importance of seeking opinions from experts in other disciplines to address psychology-related challenges. Specific topics will be announced prior to the course selection.

Cross-Cultural Psychology

4 ECTS

This course emphasizes the significance of an intercultural perspective in understanding human behavior and highlights the role of cultural context in a psychologist's professional work. Students gain advanced knowledge in global and Polish cultural and cross-cultural psychology, covering both classical concepts and contemporary research. The curriculum equips students to apply theoretical knowledge from cross-cultural psychology to describe and interpret human behavior, utilizing relevant terminology. Students develop an awareness of the importance of cross-cultural psychology, fostering an understanding of diverse perspectives and challenges faced by individuals in various cultures and intercultural teams.

Applications of Psychology: Group Project**

5 ECTS

In this course, students engage with issues related to human functioning in a social context, exploring theories and research methods in psychology. They learn to formulate and address practical problems using psychological knowledge, crafting team projects. The course emphasizes effective communication, requiring students to prepare presentations and texts adhering to specific criteria. Active participation in team collaboration is encouraged at every project stage, including problem definition, data collection, analysis, and results presentation. Students learn to integrate expert opinions from within and beyond psychology to ethically justify their chosen problems and methodologies for resolution.

Humanistic/Psychological Elective Course 2**

3 ECTS

This elective course is designed to achieve educational objectives, such as introducing knowledge, deepening skills, and showcasing original research approaches. The topics to be disclosed before the selection process cover psychology and related sciences.

Elective 3**

3 ECTS

This elective course provides students with the flexibility to select a subject from a faculty-prepared list. The overarching goal is to introduce, communicate, and deepen knowledge or skills in psychology, utilizing accepted scientific methods. Moreover, the course may feature original research approaches or practical implementations. Detailed topics proposed by the faculty will be disclosed in the future, but before the selection process.

Elective 4**

3 ECTS



This elective course provides students with the flexibility to select a subject from a faculty-prepared list. The overarching goal is to introduce, communicate, and deepen knowledge or skills in psychology, utilizing accepted scientific methods. Moreover, the course may feature original research approaches or practical implementations. Detailed topics proposed by the faculty will be disclosed in the future, but before the selection process.

Elective 5**

3 ECTS

This elective course provides students with the flexibility to select a subject from a faculty-prepared list. The overarching goal is to introduce, communicate, and deepen knowledge or skills in psychology, utilizing accepted scientific methods. Moreover, the course may feature original research approaches or practical implementations. Detailed topics proposed by the faculty will be disclosed in the future, but before the selection process.

**Elective courses - detailed topics TBA

