



Faculty of Psychology in Sopot

Psychology in English

PROFIL: General Academic

Bachelor Degree, 3 years

MODE: full-time

Program for 2025/2026 recruitment

SEMESTER 1

No.	Course title	Course form	Hours count		ECTS credits
			Total	Credit	
I	Introduction to Psychology: History and Contemporary Issues	lecture workshop	54	Grade	6
II	Introduction to Social Psychology	lecture workshop	48	Grade	6
III	Biological Foundations of Human Behavior	lecture workshop	48	Grade	8
IV	Basic Psychological Skills	training	24	Grade	4
V	Academic Skills	workshop e-learning	24	Grade	3
VI	Foreign language 1	workshop	30	Grade	3
Number of hours and ECTS			228		30

SEMESTER 2

No.	Course title	Course form	Hours count		ECTS credits
			Total	Credit	
I	Social Psychology	lecture workshop	48	Grade	6
II	Psychology of Emotion and Motivation	lecture workshop	54	Grade	6
III	Developmental Psychology	lecture workshop	54	Grade	6
IV	Critical Analysis of Psychological Articles**	workshop	18	Grade	3
V	Basic Group Work Skills	training	24	Grade	3
VI	Social Sciences and Humanities Lecture**	lecture	30	Grade	3
VII	Foreign language 2	workshop	30	Grade	3
Number of hours and ECTS			258		30



SEMESTER 3

No.	Course title	Course form	Hours count		ECTS credits
			Total	Credit	
I	Personality Psychology	lecture workshop	54	Grade	6
II	Cognitive Psychology	lecture workshop	54	Grade	6
III	Methodology and Statistics: Introduction	lecture workshop	54	Grade	8
IV	Applications of Psychology	e-learning	12	Grade	3
V	Psychological Essay: Individual Project**	workshop	18	Grade	4
VI	Foreign language 3	workshop	30	Grade	3
VII	Physical Education 1	workshop	30	Pass	0
Number of hours and ECTS			252		30

SEMESTER 4

No.	Course title	Course form	Hours count		ECTS credits
			Total	Credit	
I	Psychopathology	lecture workshop	54	Grade	6
II	Psychology of Individual Differences	lecture workshop	54	Grade	6
III	Introduction to Psychometrics	lecture workshop	54	Grade	6
IV	Psychological Interview: Individual Project**	workshop	34	Grade	6
V	Humanistic/Psychological Elective Course 1**	workshop	30	Grade	3
VI	Foreign language 4	workshop	30	Grade	3
VII	Physical Education 2	workshop	30	Pass	0
Number of hours and ECTS			286		30



SEMESTER 5

No.	Course title	Course form	Hours count		ECTS credits
			Total	Credit	
I	Clinical and Health Psychology	lecture workshop	54	Grade	6
II	Work and Organisational Psychology	lecture workshop	36	Grade	4
III	Educational Psychology	lecture workshop	36	Grade	4
IV	Personal Skills**	training	24	Grade	4
V	Group Research Project**	workshop	22	Grade	6
VI	Elective 1**	lecture	30	Grade	3
VII	Elective 2**	lecture	30	Grade	3
Number of hours and ECTS			232		30

SEMESTER 6

No.	Course title	Course form	Hours count		ECTS credits
			Total	Credit	
I	Ethical Dilemmas in Psychology	workshop	24	Grade	5
II	Humanistic Perspective on Mankind**	workshop	24	Grade	4
III	Cross-Cultural Psychology	lecture	24	Grade	4
IV	Applications of Psychology: Group Project**	workshop	22	Grade	5
V	Humanistic/Psychological Elective Course 2**	workshop	30	Grade	3
VI	Elective 3**	lecture	30	Grade	3
VII	Elective 4**	lecture	30	Grade	3
VIII	Elective 5**	lecture	30	Grade	3
Number of hours and ECTS			214		30

		Hours count	ECTS credits
		Total	
Total number of hours and ECTS		1470	180

Additional information:

* Project hours for subjects assuming the preparation of an individual or team project (not planned in the classroom).

**Elective classes